

# SEMINAR ON LONG COVID MANAGEMENT AT THE WORKPLACE & MOU SIGNING CEREMONY BETWEEN NIOSH AND MEF

**16 FEBRUARY 2026 (MONDAY)**  
**DEWAN RAFFLESIA, MENARA NIOSH, NIOSH BANGI**  
**9.00 AM - 12.00 PM**

## COURSE FEE



## REGISTRATION

Link : <https://forms.office.com/r/PcJn00d0y1>



## TENTATIVE

8.30 am	Registration & Light Refreshment
9.00 am	<ul style="list-style-type: none"><li>• Seminar on Long Covid Management at the Workplace by Dr. Muhamad Arif</li><li>• Q&amp;A Session</li></ul>
11.00 am	NIOSH Integrated Solutions for MEF: Consultation Services and SITI Programme
11.15 am	Arrival of Distinguished Guests National Anthem Prayer Recitation Safety Briefing
11.25 am	Speech by Y Bhg. Dato' Hj Ayop Salleh, Executive Director of National Institute of Occupational Safety and Health (NIOSH)
11.35 am	MOU Signing Ceremony between NIOSH & Malaysian Employers Federation (MEF)
11.45 am	Photo Session
11.50 am	Lunch End of Session

## COURSE OUTLINE

- Introduction to the Guide to the Management of Long COVID Among Workers
- Risk Factors of Long COVID and Its Management
- Screening of Long COVID Symptoms & Referral for Long COVID Confirmation

## SPEAKER

**Dr. Muhamad Ariff bin Muhamad Noordin**

**MBBS (JUST), OHD (NIOSH), MSC. Community Health (Occupational Health), UKM Technical Expert III (Occupational Health Doctor)**



Completed Bachelor of Medicine and Bachelor of Surgery at Jordan University of Science and Technology in 2012. Subsequently, completed certification of Occupational Health Doctor from NIOSH and registered as Occupational Health Doctor under the Department of Occupational Safety and Health in 2017. Graduated in Master of Community Health Science (Occupational Health) at UKM in 2022.

Currently working at National Institute of Occupational Safety and Health, Bandar Baru Bangi as Occupational Health Doctor, with responsibilities encompassing occupational health medical consultations, workplace health assessments, and advisory services to employers and workers. Actively involved in occupational health research, development of guidelines and training modules, and delivery of training programmes related to occupational health. Contributes to capacity building, professional development, and promotion of best practices in occupational safety and health at the national level.