



PERSEKUTUAN MAJIKAN-MAJIKAN MALAYSIA
MALYSIAN EMPLOYERS FEDERATION



PERTUBUHAN IKATAN KOMUNITI SELAMAT
ALLIANCE FOR A SAFE COMMUNITY



HRD Corp Claimable
Courses No. : 10001731615

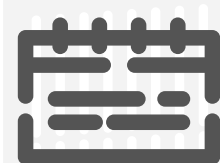
Psychosocial Risk Management (PRisMA) & Occupational Safety and Health Workplace Assessment (OSHWA) :

Practical Workplace Safety and Health Improvement Programme

Join our PRisMA & OSHWA Training Programme, specially designed to provide employers and OSH practitioners with practical knowledge on implementing workplace risk management and conducting effective workplace safety and health assessments.

Learning objectives:

1. Understand the concepts and implementation of the PRisMA Programme
2. Learn the principles and application of the Occupational Safety and Health Workplace Assessment (OSHWA)
3. Identify workplace hazards and areas for improvement
4. Develop psychosocial safety at the Workplace
5. Gain insights through interactive discussions and case studies



THURSDAY, 6 AUGUST 2026



MEF KUCHING, SARAWAK



9.00 AM - 5.00 PM

MEF-IKATAN Brings PRisMA and OSHWA Training to Kuching, Sarawak this AUGUST!

Strengthen Your Workplace Safety & Health Performance in Just One Day



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PROGRAMME

Time	Content
8.30 am - 9.00 am	Registration of Participants
9.00 am - 9.15 am	Welcome Remarks & Programme Overview
9.15 am - 10.30 am	Session 1: Introduction to PRisMA • Overview of PRisMA • Objectives and Benefits • Roles and Responsibilities of Employers
10.30 am - 10.45 am	Morning Break
10.45 am - 12.30 pm	Session 2: Implementing PRisMA at the Workplace • Hazard Identification and Risk Assessment • Risk Control Measures • Understanding LEO26 & EPC23 • Group Discussion & Case Study
12.30 pm - 2.00 pm	Lunch Break
2.00 pm - 3.00 pm	Session 3: Introduction to Occupational Safety & Health Workplace Assessment (OSHWA)
3.00 pm - 4.00 pm	Session 4: MEF-ILO Digital Assessment Tools (DAT) • Introduction • Deliberation of DAT Component
4.00 pm - 4.15 pm	Afternoon Break
4.15 pm - 4.45 pm	Hands-on Practical Application DAT
4.45 pm - 5.00 pm	Q&A, End of Session



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SPEAKERS' PROFILES

Mr. Ko Teik Yen

**Lead Trainer | Workplace Mental Health Practitioner |
DOSH-Certified Psychosocial Trained Person | HRD
Corp Certified Trainer**

Ko Teik Yen is a senior corporate leader turned clinical practitioner and workplace mental health trainer. He combines over 20 years of leadership experience in a Fortune 500 pharmaceutical company—managing teams of 100+ and P&L exceeding RM100 million—with more than 13 years of clinical and mindfulness practice.

He has supported over 3,500 clients through 20,000+ hours of individual therapy, including hundreds of corporate leaders and professionals experiencing burnout, anxiety, and loss of purpose.

TY is a UK Breathworks Accredited Mindfulness Teacher, trained at the Oxford Mindfulness Centre and the University of Massachusetts Medical School Centre for Mindfulness. He is a DOSH-Certified Psychosocial Trained Person (PTP) and an HRD Corp Certified Trainer. As Lead Trainer for Pertubuhan IKATAN Komuniti Selamat, he has delivered over 3,000 hours of training to 1,000+ participants across healthcare, corporate, and emergency-response settings.

TY is also a PhD candidate in Management and Leadership and has presented at international conferences on psychosocial risk, sustainable leadership, and trauma prevention.



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SPEAKERS' PROFILES

Prof. Dr. Zahari Ishak

Professor Dr. Zahari Ishak is a distinguished Educationist and Applied Psychologist at Kuala Lumpur University of Science and Technology (KLUST), Malaysia where he serves as Professor in the Faculty of Business, Information and Human Sciences (FIBH).

With over 30 years of experience in higher education, research, consultancy, and professional training, Professor Dr. Zahari is recognised for his expertise in quantitative research, psychometrics, educational psychology, organisational psychology, and workplace mental wellbeing. He has delivered executive training, professional development programmes, and research capacity-building workshops for academicians, researchers, educational leaders, government agencies, corporate organisations, and postgraduate students throughout Malaysia and the Asia-Pacific region.

An internationally recognised keynote, plenary, and invited speaker, Professor Dr. Zahari has presented at conferences and professional forums across New Zealand, the United Kingdom, Taiwan, Singapore, Indonesia, China and other countries. His scholarly contributions include books, book chapters, and numerous publications in reputable international and national journals, reflecting his commitment to research excellence and evidence-based practice.

A highly accomplished research supervisor, examiner, and consultant, he has successfully supervised more than 70 Master's and over 40 PhD candidates, while examining doctoral theses for universities in Malaysia and internationally. His expertise in research methodology, psychometrics, Structural Equation Modelling (SEM), programme evaluation, and advanced statistical analysis has made him a trusted advisor to researchers, higher education institutions, and organisations.

Professor Dr. Zahari is also a DOSH Certified Psychosocial Trained Person (PTP), providing consultancy in identifying, accessing, and managing workplace psychosocial risks in accordance with the DOSH PRISMA Guidelines 2024. Through his collaborations with universities, government agencies, healthcare institutions, and corporate organisations, he continues to advance research excellence, organisational wellbeing, and the development of psychologically safe, resilient, and high-performing workplaces.



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SPEAKERS' PROFILES

Tn. Hj. Anis Fahmy bin Pauzi

**Senior Consultant - Occupational Safety, Health & Environment
Malaysian Employers Federation (MEF)**

Tn Hj Anis Fahmy Pauzi, A Master of Science degree holder in OSH management awarded by Universiti Utara Malaysia. He started his career with NIOSH Malaysia. His job description includes training, audits, consultancy for industries, private sectors and government agencies. In 2003 he joined Malaysian Employers Federation as an Associate Consultant-OSH and was entrusted to advice member companies of the Federation on OSH legal compliance. His main function includes representing MEF in various technical committee in the Industrial Safety Standard Committee, Department of Standard Malaysia.

For the last 22 years he is a member of the technical committee for safety of machinery technical committee for ergonomics and technical committee occupational setting. He was involved in various publication such as Guidelines on Occupational Safety and Health Act 1994 – published by the DOSH, “Garis panduan Keselamatan dan Kesihatan Pekerjaan” – Ministry of Health, Malaysian Standard on Occupational Health and Safety Management Systems ISO 45000 and various industrial standard related to OSH.



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SPEAKERS' PROFILES

Mr. Jerson Jerome

**Consultant - Health, Safety & Environment
Malaysian Employers Federation (MEF)**

Mr Jerson Jerome, OSH Consultant at MEF, is an HRDC Accredited Trainer and NIOSH-certified trainer. He has made significant contributions across multiple industries, including manufacturing, forest operations, and palm oil plantations. Jerson's expertise is demonstrated through his leadership in crucial safety initiatives, such as the SOHELP program, where he effectively implemented safety measures across three mills, and his contribution to the SOLVE4SME program, which aimed to improve safety standards in small and medium enterprises.

He played a pivotal role in the DOSH and Sarawak Timber Association's Forestry Train-the-Trainer program, a key initiative designed to elevate safety standards across Sarawak's timber industry. By equipping professionals with specialized knowledge and practical skills, he has directly contributed to a safer operational landscape in the region. Beyond industry practice, Jerson bridges the gap between academia and the workforce as a member of the Industry Advisory Board for the Bachelor of Science (Health, Safety, and Environment) program at Curtin University Malaysia. Currently, he serves the Malaysian Employers Federation (MEF), where he provides expert advisory services to members on OSH legal requirements and the implementation of industry best practices.

Note: MEF-IKATAN reserves the right to change the trainer, subject to trainer availability and approval.



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REGISTRATION



Malaysian Employers Federation (MEF)

COURSE FEE

Training Fee: RM1,000.00 per participant - HRDC Claimable course

Special Discounts:

5% Early Bird Discount – Register by 03 August 2026

5% Group Discount – Applicable for 3 or more participants from the same company

***Limited seats available**

INQUIRIES

Malaysian Employers Federation: 03-7498 7200

- Pn. Khairunnisa - 03-7498 7278 - khairunnisa@mef.org.my
- Pn. Musfirah Liyana - 03-7498 7234 - musfirah@mef.org.my

Pertubuhan Ikatan Komuniti Selamat

- Ms. Thana - 016-271 1009 - mwb.ikatan@gmail.com



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PAYMENT

Upon receiving your registration, a pro-forma invoice will be issued for companies applying for the HRD Corporation's grant. Only the pro-forma invoice will be provided, and no payment is required at this stage pending HRD Corporation's approval.

For companies not applying for the HRD Corporation's grant, an invoice will be issued and full payment must be made before the event.

MEF now offers a convenient online payment gateway for faster, easier transactions. Please note that this option is available only for non-HRDC payments.

Payment details :

- Affin Islamic Bank Berhad
- Account No. : 105280002422
- In favour of : Malaysian Employers Federation

Email the transfer slip and invoice to :

- natasya@mef.org.my
- yeokhoon@mef.org.my
- accounts@mef.org.my

Any cancellation of attendance must be communicated via email to khairunnisa@mef.org.my and mwb.ikatan@gmail.com at least 3 working days prior to the event of MEF reserves the right to charge the full fees for "NO SHOW".

This programme is ideal for Employers, OSH Coordinators, Safety & Health Committee Members, HR Professionals, Managers, Supervisors, and individuals responsible for workplace safety and health.

One day. Two essential workplace safety programmes. Practical knowledge that you can immediately apply in your organisation.

Register early to secure your seat!