



ENHANCING CRITICAL THINKING AND DECISION MAKING

4th DECEMBER 2025 | 9.00AM – 5.00PM | MEF ACADEMY

In today's fast-paced work environment, strong critical thinking and decision-making skills are essential for solving programs effectively and making informed choices. This training equips participants with practical techniques to analyze information objectively, challenge assumptions, and apply structured decision-making strategies.

Through interactive discussions and real-world exercises, participants will learn to identify biases, evaluate risks, and develop solutions that drive better outcomes. By end of the program, they will be able to approach challenges with clarity, make confident decisions, and enhance workplace efficiency.

Who Should Attend

- Managers & Supervisors
- Team Leaders & Project Leaders
- HR & People Managers
- Executives & Business Professionals
- High-Potential Employees (Future Leaders)
- Anyone in Decision-Making Roles

Learning Outcomes

By the end of this program, participants will be able to:

- Understand the principles of critical thinking and its impact on effective decision-making
- Identify common cognitive biases and logical fallacies that hinder objective thinking
- Analyze problems systematically using structured frameworks and problem-solving techniques
- Apply critical thinking strategies to evaluate information, assess risks, and make well-informed decisions
- Enhance decision-making skills by using logical reasoning, data-driven analysis, and critical thinking techniques

RM 1,000.00*

Inclusive of SST per participant
HRDF Claimable
Payable to MEF Academy Sdn. Bhd.

Course Registration

<https://forms.office.com/r/RNWWKCUYrs>



For more information, please contact:



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Course Structure

Ice Breaker and Introduction (9.00 – 9.30)		
Module 1 Introduction to Critical Thinking	9.30 – 10.30	- Understanding the importance of critical thinking in the workplace - Key characteristics of a critical thinker - Barriers to effective thinking and how to overcome them
Tea Break (10.30 – 10.45)		
Module 2 Core Critical Thinking Skills	10.45 – 11.45	- Analyzing information objectively - Differentiating facts from assumptions - Identifying biases and logical fallacies
Module 3 Problem-Solving Techniques	11.45 – 12.45	- The 5-step problem-solving model - Root cause analysis (5 Whys, Fishbone Diagram) - Creative thinking techniques (brainstorming, mind mapping)
Lunch Break (12.45 – 13.45)		
Module 4 Decision-Making Strategies	13.45 – 15.00	- Rational vs Intuitive decision-making - Decision-making models (SWOT, Cost-Benefit Analysis) - Managing risk and uncertainty in decision-making
Coffee Break (15.00 – 15.15)		
Module 5 Applying Critical Thinking to Real World Scenarios	15.15 – 16.15	- Case studies: Analyzing and solving workplace challenges - Role-playing exercises for decision-making under pressure - Strategies for communicating decision effectively
Reflection & Wrap-Up	16.15 – 17.00	- Key takeaways - Sharing of personal action plans - Q&A

Trainer Profile



Ms. Chong Wan Ling is a highly experienced professional with a rich background spanning more than 13 years in the higher education industry. Passionate in both academia and business development, she is dedicated to leveraging her expertise to make a positive impact on society by providing top-quality education and fostering opportunities to all learners.

Her expertise extends to business development, where she has successfully identified and pursued opportunities for growth and expansion. Her strategic planning and collaborative approach have resulted in the establishment of new partnerships and initiative to enhance the organization's market presence. Her extensive experience also encompasses training, where she has excelled in developing and delivering impactful training programmes tailored to the unique needs of diverse audiences.

With a keen understanding of the importance of continuous learning and professional development, Ms. Chong has played a pivotal role in designing and implementing training initiatives aimed at enhancing the skills and capabilities of staff and leaders alike. Her innovative approach to training delivery ensures that participants are actively engaged and equipped with practical skills that can be applied in real-world scenarios.

