



SEXUAL AND WORKPLACE HARASSMENT

NEW

30 MARCH 2026 | 9.00AM - 5.00PM |
MEFA TRAINING CENTER, PJ

Course Overview

Workplace harassment and sexual misconduct cases in Malaysia have gained increasing public attention, highlighting the urgent need for organisations to strengthen awareness, prevention, and proper complaint handling.

This one-day programme equips participants with essential knowledge of what constitutes sexual and workplace harassment under Malaysian law, the responsibilities of employers and employees, and practical steps to prevent and manage misconduct at work.

Through real-life case discussions and interactive activities, participants will learn how to create a respectful, safe and inclusive workplace while protecting their organisation from legal, reputational, and operational risks.

Who Should Attend

- Employers, business owners
- HR managers & practitioners
- Supervisors & team leaders
- All employees

Learning Outcomes

- Identify sexual and workplace harassment, understand myths vs facts and know legal obligations
- Apply preventive strategies to reduce workplace misconduct
- Respond appropriately to harassment complaints
- Promote a respectful, inclusive, and safe workplace culture

Course Registration :



<https://forms.office.com/r/FKQK3T8bEU>

EARLY BIRD SPECIAL

RM500*

RM800

(Price Inclusive of 8% SST)

HRDC Claimable
*register before 16th March



Course Structure

Time	Agenda
8.30 - 9.00 AM	Registration
9:00 - 9:30 AM	Welcome & Ice Breaker Introductions, course overview, and setting ground rules
9.30 - 10.45 AM	Module 1: Understanding Sexual Harassment Identify types of sexual harassment and common myths vs facts
10.45 - 11.00AM	Morning Break
11.00 - 12.30PM	Module 2: Preventing & Responding to Sexual Harassment Understand employer & employee responsibilities under Malaysian Law
12.30 - 1.30PM	Lunch Break
1.30 - 2.45PM	Module 3: Workplace Harassment & Bullying Recognise workplace harassment, bullying and its impact
2.45 - 3.00PM	Afternoon Break
3.00 - 4.00PM	Module 4: Building a Respectful & Inclusive Workplace Culture Learn strategies to foster respectful and inclusive workplace culture
4.00 - 5.00PM	Module 5: Handling Complaints & Practical Application Apply a step-by-step approach to handle harassment complaints effectively

Trainer Profile



**KIRANRAJ SEKAR
A/L SEGGARAN**

Kiranraj Sekar - An expert in employment and commercial law, Kiranraj delivers strategic legal solutions with precision and clarity. Holding a Bachelor of Laws (Hons) from Universiti Malaya (UM) and a Master of Human Resource Law (Distinction) from Universiti Utara Malaysia (UUM), he is a trusted advisor in regulatory compliance and employment disputes. As an accredited HRDC trainer, he conducts impactful sessions on employment legislation, negotiation strategies, and conflict management. His training programs have been widely attended by HR practitioners, managers, and executives across industries

