



LEADERS FROM WITHIN: NLP FOR LEADERS

12 JUNE 2026 | 9.00AM - 5.00PM | MEF ACADEMY

Course Overview

Great leaders understand that leadership is not one-size-fits-all. "Leaders from Within: NLP for Leaders is a highly practical 1-day leadership development program combining the powerful frameworks of Situational Leadership® II (SLII), The One Minute Manager® (OMM), and Neuro-Linguistic Programming (NLP).

This program guides leaders on how to:

- *Adjust their leadership style based on individual team member development levels (SLII)*
- *Communicate with clarity and impact using brief, effective conversations (OMM)*
- *Lead with self-awareness, mindset control, and rapport building*

Who Should Attend

- Managers, team leaders, supervisors
- Professionals seeking to strengthen leadership influence, communication, and motivation skills

Learning Outcomes

- Apply NLP techniques to enhance self-awareness, emotional intelligence, and leadership presence
- Use OMM and SLII frameworks to motivate, influence, and engage teams effectively
- Apply practical leadership tools to manage conflicts, make better decisions, and build a positive, high-performance workplace culture

Course Registration :



<https://forms.office.com/r/3xQNDTjDi6>

RM1,000*

(Price Inclusive of 8% SST)
HRDC Claimable*

Course Structure

Time	Agenda
8.30AM	Registration
9.00AM	Course Introduction + Ice Breaking
9.15AM	Module 1: Situational Leadership II <ul style="list-style-type: none"> Understanding development levels and matching leadership styles. Directing, Coaching, Supporting and Delegating Diagnosing team member readiness for tasks and adapting leadership approaches
11.15 AM	Morning Break
11.30 AM	Module 2: The One Minute Manager <ul style="list-style-type: none"> The three secrets: One Minute Goals, One Minute Praising, One Minute Reprimands Delivering concise and impactful communication for effective team management Encouraging accountability and motivation within team
1.00 PM	Lunch Break
2.00PM	Module 3: Neuro-Linguistic Programming for Leadership <ul style="list-style-type: none"> Introduction to NLP and its relevance to Leadership Understand VAKOG (Visual, Auditory, Kinesthetic, Olfactory, Gustatory) communication styles to influence effectively Building rapport and trust through mirroring and matching Techniques to reframe challenges, motivate teams and create a positive mindset
4.00 PM	Tea Break
4.15 PM	<ul style="list-style-type: none"> Leadership Simulation Questions & Answers
5.00 PM	Session Ends

Trainer Profile



Ms. Chong Wan Ling is an accomplished professional with over 13 years of experience in the higher education industry, combining strong expertise in academia, business development, and training. She is dedicated to elevating education quality and expanding learning opportunities for learners at all levels. In business development, Ms. Chong has identified new avenues for growth, built strategic partnerships, and strengthened organisational visibility through targeted initiatives. Her collaborative approach with internal and external stakeholders has supported sustainable expansion and improved market positioning.

She is also highly experienced in developing and delivering high-impact training programmes tailored to diverse audiences, including working professionals and organisational leaders. With a firm belief in continuous learning, she designs engaging and practical learning experiences that empower participants with real-world skills.

Through her combined strengths in strategy, partnership-building, and professional training, Ms. Chong continues to contribute to talent development and excellence within the industry.

