



MANAGING GENERATIONS GAP AT WORKPLACE

15-16 DEC 2026 | 9.00AM - 5.00PM |
MEFA TRAINING CENTER, PJ

Course Overview

By 2025, Millennials and Gen Z will make up over half of the workforce. These younger generations care deeply about values – they want to work for companies that share their beliefs and make a positive impact. A Pew Research study shows that more than 70% of Gen Z job seekers check if a company's values match their own before accepting a job. Because of this, employers need to build real, honest relationships with their employees. They also need to understand and respect differences between people. This can be new and sometimes difficult for older generations like Baby Boomers and Gen X, who are used to more traditional, top-down management styles. Today's workplaces are changing. Companies that focus on relationships, open communication, and fairness create stronger teams and get the best out of everyone

Who Should Attend

- Top Management
- Department Managers
- Key Stake Holders
- HR Professionals
- Recruiters/Talent Acquisition

Learning Outcomes

- Recognize different generations' values and strengths
- Reduce stereotypes and communication barriers
- Use diversity to boost innovation
- Build trust across age groups
- Create plans for intergenerational teamwork
- Apply management theories in diverse workplaces

Course Registration :



RM2,000

(Price Inclusive of 8% SST)
HRDC Claimable*

<https://forms.cloud.microsoft/r/p3Enbjm0Qw>



adminmefa@mef.org.my



03-7498 7242 / 016 - 254 1844

Course Structure

TIME	ITINERARY
DAY 1	
8:30am - 9:00am	Registration
9:00am - 10:30am	MODULE 1 : MULTIGENERATIONAL MINDSETS
10:30am - 10:45am	Break
10:45am - 1.00pm	MODULE 2 : CROSS-CULTURAL VALUES & NORMS
1.00pm - 2.00pm	Lunch Break
2.00pm - 3:30pm	MODULE 3 : SELF & SOCIAL AWARENESS
3.30pm - 3.45pm	Coffee Break
3.45pm - 5:00pm	MODULE 4 : INCLUSIVE COMMUNICATION FRAMEWORKS
5.00pm	End of Day 1
DAY 2	
8:30am - 9:00am	• Registration
9:00am - 10:30am	MODULE 5 : ADAPTING COMMUNICATION STYLES
10:30am - 10:45am	Break
10:45am - 1:00pm	MODULE 6 : NAVIGATING CONFLICT CONSTRUCTIVELY
1:00pm - 2.00pm	Lunch Break
2.00pm - 3:30pm	MODULE 7 : PROFESSIONALISM & LEADERSHIP READINESS
3.30pm - 3.45pm	coffee Break
3.45pm - 5:00pm	MODULE 8 :COLLABORATIVE PROBLEM SOLVING
5.00pm	End of Programme

Trainer Profile



PUNITHA MALAR (AISHU) WORKFORCE CAPABILITY TRAINER

Ms Aishu is a Certified Coach and Trainer with 25 years of combined experience in higher education management, strategic partnerships, business development, learning and development (L&D), and talent management across Southeast Asia, Australia, and the United States. She has a strong track record of managing key stakeholders, driving policy initiatives, strengthening governance frameworks, and supporting membership engagement. Throughout her career, she has successfully built strategic collaborations, expanded education partnerships, and delivered impactful corporate training programs. Her expertise lies in fostering sustainable growth, enhancing organizational performance, and developing people-focused solutions. She is passionate about empowering individuals and teams to achieve excellence while creating long-term value for organizations..